



Konstancin
Hydrotherapy Centre
EVA Park Life & SPA

05-510 Konstancin-Jeziorna
ul. Sienkiewicza 2
(entrance from ul. Żródlana)

Mon - Thur: 10.00 a.m. - 8.00 p.m.
Fri - Sat: 10.00 a.m. - 9.00 p.m.
Sun: 10.00 a.m. - 6.00 p.m.

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+48 22 484 28 88 ext. 333

spa@evapark.pl

www.eva-park.com

SPECIAL OFFERS

To learn about special promotional, thematic and discount offers, visit our website, follow us on Facebook or call us:

+48 667 550 828 or
+48 22 484 28 88 ext. 333

Unique microclimate

Surrounded by the green and peaceful Spa Park with a brine graduation tower and a unique health resort microclimate, EVA Park Life & SPA offers the perfect conditions for a deep rest and relaxation. It is ideal for recreation combined with beauty and regenerative treatments.

The restorative power of the brine

When creating our rich and varied offer of SPA treatments, we draw on the natural wealth of the spa town of Konstancin-Jeziorna. The brine extracted from our own spring feeds the brine pool, which is a perfect starting point for further beauty treatments. Our Guests can also enjoy an antiseptic and refreshing brine pearl bath in the hot tub, or an aromatic scrub with iodine-bromine salt.

Professional health & beauty and wellness treatments

EVA Park Life & SPA offers a wide range of various balneo-therapy treatments, using the healing power of brine and latest advances in cosmetology. From moisturizing and firming treatments and procedures for lifting and improving the oval face to programs eliminating signs of fatigue, vascular problems or acne. High quality, top-of-the-range equipment will help you sculpt your body or reduce cellulite. Our qualified staff will help you choose an ideal program tailored to individual skin needs.

Relaxing massages

Massages and body care rituals are a perfect way to relieve stress or pain, even persistent. Depending on the needs of our Guests, we offer various treatments to help relax sore muscles. Our body rituals improve circulation and increase metabolism, as well as provide blissful relaxation and care with the use of natural aromatherapy oils.

BRINE WATER SPA

Brine treatments in Konstancin

The power of brine

body scrub + application of nourishing balm 40 mins **220 pln**

Illuminating iodine-brine body treatment

body scrub + nourishing body mask + application of illuminating oil 60 mins **350 pln**

Brine welcome ceremony

body scrub + brine relaxation body massage 80 mins **350 pln**

Brine relaxation back massage

25 mins **170 pln**

Brine relaxation body massage

1 person / 60 mins **250 pln**
couple / 60 mins **480 pln**

Morning session in Konstancin

breakfast in Eva Park Restaurant (8:00-10:00) + brine relaxation body massage 1 person / 60 mins **280 pln**
couple / 60 mins **540 pln**

Duchess Anna Potulicka Ritual

one-time unlimited access to the Wellness Zone (pool, jacuzzi, saunas) + body scrub + nourishing body mask + brine relaxation body massage + moisturising facial treatment + gift: a bottle of brine 1 person / 150 mins **700 pln**
couple / 150 mins **1200 pln**

Gentleman's Ritual

one-time unlimited access to the Wellness Zone (pool, jacuzzi, saunas) + brine relaxation body massage + moisturising facial treatment + gift: a bottle of brine 1 person / 100 mins **550 pln**
couple / 100 mins **900 pln**

Body contouring treatments

Icoone

Patented technology that allows for precise work on connective tissue. It is an innovative generation of vacuum massage. Each treatment plan is tailored individually and may encompass various body areas. The procedure eliminates cellulite, aids in fat tissue reduction, enhances skin firmness and elasticity, reduces lymphatic swelling, and mitigates signs of skin aging.

30 mins (20 mins BASE + 1x 10 mins FOCUS)

1 treatment **250 pln**
5 treatments **1000 pln**
10 treatments **2000 pln**

40 mins (20 mins BASE + 2x 10 mins FOCUS)

1 treatment **300 pln**
5 treatments **1250 pln**
10 treatments **2500 pln**

50 mins (20 mins BASE + 3x 10 mins FOCUS)

1 treatment **350 pln**
5 treatments **1500 pln**
10 treatments **3000 pln**

60 mins (20 mins BASE + 4x 10 mins FOCUS)

1 treatment **400 pln**
5 treatments **1750 pln**
10 treatments **3500 pln**

Maximus

Maximus combines two powerful technologies: tripolar radiofrequency and innovative dynamic muscle activation. The treatment reduces fat tissue and tightens collagen fibres in the dermal layer, resulting in denser and visibly firmer skin. Additionally, the increased temperature stimulates fibroblast activity to produce new collagen.

arms 1 treatment **300 pln**
6 treatments **1600 pln**

thighs / buttocks / abs 1 treatment **400 pln**
6 treatments **2100 pln**

Lymphatic drainage in a suit

This is an alternative to lymphatic massage for the lower parts of the body. It eliminates the feeling of heavy legs and swelling. The suit gradually fills with air from the feet towards the abdomen, causing gradual compression of different parts of the body. It stimulates lymph flow, ensuring that the tissues are supplied with oxygen and nutrients.

1 treatment **100 pln**
5 treatments **450 pln**

Facial, neck and décolleté massages

Kobido face massage

Kobido is a Japanese facial massage that serves as an excellent alternative to aesthetic medical procedures. It is an effective method for lifting facial contours and restoring firmness and elasticity to the skin.

75 mins 1 massage **300 pln**
5 massage **1350 pln**

Relaxation massage for the face, neck and décolleté

30 mins **180 pln**

Express Lift massage for the face, neck and décolleté

30 mins **200 pln**

Body massages for one

Relaxation massage with nourishing shea butter

60 mins **270 pln**

Relaxation massage with aromatic candle wax

60 mins **270 pln**

Hot stone massage for relaxation

60 mins **270 pln**

Relaxation massage with chocolate oil

60 mins **260 pln**

Hand care

Paraffin wax wrap for the hands

25 mins **70 pln**

SPA for hands

hand scrub + balm application + paraffin wax wrap 40 mins **160 pln**

Care rituals for two (price for two)

Romantic meeting

relaxation body massage with oil for two + dinner + a glass of wine 60 mins **850 pln**

Relaxation time

relaxation body massage with oil for two + one-time, unlimited access to the Wellness Zone 60 mins **640 pln**

Candlelight date

relaxation body massage with aromatic candle wax for two + a glass of prosecco 60 mins **570 pln**

Unique moment

relaxation back massage for two + a glass of prosecco 25 mins **370 pln**

Care rituals

Escape to paradise

body scrub + relaxation body massage with oil + facial, neck and décolleté massage 1 person / 110 mins **470 pln**
couple / 110 mins **870 pln**

Sweet delight

chocolate body scrub + chocolate body mask + relaxation body massage with chocolate oil 1 person / 120 mins **450 pln**
couple / 120 mins **820 pln**

Full regeneration

body scrub + nourishing body mask + relaxation body massage with oil 1 person / 120 mins **430 pln**
couple / 120 mins **800 pln**

Complete relaxation

relaxation body massage with oil + facial, neck and décolleté massage 1 person / 80 mins **400 pln**
couple / 80 mins **760 pln**

Deep nourishment

nourishing body mask + relaxation body massage with oil 1 person / 90 mins **350 pln**
couple / 90 mins **670 pln**

Power of nourishment

nourishing body mask + facial, neck and décolleté massage 1 person / 60 mins **300 pln**
couple / 60 mins **580 pln**

Treatments for children and teens (aged 12 and above)

Chocolate nourishment

chocolate body mask + relaxation massage with chocolate oil back massage / 50 mins **230 pln**
body massage / 70 mins **280 pln**

Chocolate delight

relaxation massage with chocolate oil back massage / 20 mins **110 pln**
body massage / 40 mins **160 pln**

Vitamin bomb

relaxation massage with vitamin oil back massage / 20 mins **100 pln**
body massage / 40 mins **150 pln**

Purifying algae treatment

facial scrub + algae mask 40 mins **170 pln**

MedEstelle



PROFESSIONAL CARE AT HOME

MedEstelle is a Polish innovative cosmetics brand, exclusively available in professional clinics and salons. The MedEstelle at-home skincare products are crafted to align with the biological nature of the skin. They are developed with the structure and physiology of the skin in mind. Our specialists will help you select the perfect at-home skincare products tailored to your skin's needs.

This complementary at-home skincare regimen guarantees a consistent enhancement in the quality, appearance, and overall health of your skin.

SPECIAL OFFER

Extend the effects of exclusive treatments with the exceptional cosmeceuticals from MedEstelle.

Take advantage of a 10% discount on cosmetic purchases at the SPA on the day of your treatment.

**This offer cannot be combined with other promotions.*



Not sure which treatment to go for?

No problem!

Call us, schedule a time that suits you, and we'll match the perfect treatment to your skin's needs!

We'll reserve a slot for you, and on the day of your appointment, our cosmetologist will help you choose the right procedure.

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 **EVA PARK**
LIFE & SPA

Face, neck and décolleté treatments

www.evapark.pl

KLAPP Cosmetics' professional treatments are tailored to suit all skin types. Each treatment line incorporates specific products aimed at delivering essential nutrients for skin regeneration. The effects of these treatments are immediately noticeable, leaving the skin moisturized, supple, and radiant.

REPAGEN EXCLUSIVE TREATMENT STRONG

70-90 mins **400 pln**

An innovative treatment designed for mature, oxygen-deprived skin with a loss of elasticity. It actively triggers the skin's self-regenerative capabilities and promotes the synthesis of collagen and elastin. It delivers anti-aging and smoothing benefits.

X-TREME HYALURON INFUSION

70-90 mins **390 pln**

A deeply moisturizing treatment suitable for all skin types. The use of flexible bandages during the procedure will help restore the natural contour of the face, providing a more youthful appearance.

C PURE FACE INFUSION

70-90 mins **390 pln**

A brightening and pigmentation-reducing treatment designed for gray and tired skin. It helps enhance skin texture, firmness, and hydration while also evening out pigmentation irregularities and deactivating acne-causing bacteria.

A CLASSIC POWER BOOST TREATMENT

60 mins **360 pln**

An innovative treatment designed for skin in need of rejuvenation. This treatment not only slows down the aging process but also accelerates and rejuvenates the skin at the DNA level, effectively preventing the formation of age spots through oxidative detoxification.

DETOX SKIN TREATMENT

60-90 mins **360 pln**

A cleansing and sebum-regulating treatment designed for combination and oily skin types prone to blackheads and enlarged pores. It has antibacterial properties and helps prevent skin inflammation.



Treatments by the Polish brand MedEstelle developed in harmony with the biological nature of the skin. Specialized facial treatments designed with specific needs and requirements of the skin in mind. They combine advanced methods and concentrated therapeutic formulas with unique relaxation techniques.

TURBO SENSO LIFT

Premium – 75 mins **450 pln**
Shot – 60 mins **320 pln**

It offers advanced lifting effect. The proprietary Turbo Lift application technique dramatically firms the skin and enhances facial contours. With its advanced formula, it delivers immediate improvements in skin tension and elasticity, significantly reducing the appearance of wrinkles and preventing their formation.

REJUVENATION SENSO GLOW

Premium – 75 mins **450 pln**
Shot – 60 mins **320 pln**

The treatment delivers visible rejuvenating and illuminating effects for the skin. The modern formula of the Illuminating Anti-Aging Mask instantly smooths and nourishes the skin, restoring radiance and vitality.

SENSO SUPER HYDRATION

Premium – 75 mins **430 pln**
Shot – 60 mins **320 pln**

The treatment soothes all skin types, providing deep hydration with the Super Moisturizing Mask. It delivers a feeling of freshness and relaxation while simultaneously regenerating and smoothing the skin.

REDNESS SENSO CALM

60 mins **320 pln**

Specifically designed for sensitive, vascular, and dehydrated skin. It combines corneotherapeutic action to restore the epidermal barrier. Every step of the treatment procedure ensures profound calm and relaxation.

BARRIER SENSO REPAIR

45 mins **290 pln**

This treatment combines intensive corneotherapeutic effects, envelops the skin in velvety textures and a relaxing aroma. The specialist Corneotherapeutic Repair Cream-Mask stimulates deep skin renewal and regeneration, fortifying its resilience.

DEEP CLEAN

60 mins **320 pln**

Deep-cleansing treatment and calming inflammation. Recommended for acne-prone, seborrheic skin with visibly clogged pores. It unparalleledly improves skin quality and soothes the symptoms of problematic skin. The treatment results in spectacular smoothness, firmness, and visibly tightened pores.

MEN'S CARE ZONE

MEN HYDRA POWER

60 mins **320 pln**

Smoothing and soothing treatment perfect for all types of men's skin. It deeply hydrates and regenerates the skin while strengthening its hydro-lipid barrier. It alleviates signs of dehydration, such as tightness and irritation. The treatment restores a healthy and well-groomed appearance to men's skin.

EXPRESS TREATMENTS

EXPRESS SOOTHING

45 mins **220 pln**

A treatment suitable for all skin types, with a particular focus on sensitive, poorly hydrated and easily irritated skin. It provides excellent hydration and revitalizes the skin's appearance, leaving behind a comforting and rejuvenating sensation.

PERFECT SMOOTHING

45 mins **220 pln**

A treatment for skin in need of intense smoothing and exfoliation. It rapidly revitalizes and smoothes the skin surface, resulting in a healthier and more youthful look.



SPECIALIZED FACIAL PROCEDURES

OXYGEN INFUSION

40-60 mins **380 pln**

An innovative treatment that combines the effects of hyperbaric oxygen and active substances. It deeply hydrates the skin at a cellular level, providing powerful oxygenation and nourishment.

NEEDLELESS

MESOTHERAPY 1 treatment **350 pln** / 5 treatments **1500 pln**

A rejuvenating and revitalizing electrostimulation treatment using the Skin Shooter device combined with a high-concentration active ingredient serum.

ICOONE

FOR THE FACE 1 treatment **250 pln** / 5 treatments **1000 pln**

A drainage treatment with a lifting effect. Its potent firming action allows for the overall improvement of skin condition, restoring proper firmness, elasticity, thickness and facial contour.

MAXIMUS

FOR THE FACE 1 treatment **350 pln** / 5 treatments **1500 pln**

An anti-aging treatment focused on improving facial contours. By heating collagen fibres, it stimulates natural collagen renewal, leading to firmer and more youthful-looking skin.